

**Inca  
Jungle**

# *Inca Jungle* **Short Imperial to Machu Picchu**

*3 days / 2 nights*

## Inca Jungle Short Imperial to Machu Picchu 3D / 2N

Inca Jungle Short Imperial to Machu Picchu, Enjoy an adventure-filled journey to Machu Picchu, biking, rafting, hiking and ziplining along the way, during this 4-day, 3-night trek. This action-packed trip is a twist on the traditional hiking paths to Machu Picchu, allowing you to enjoy a variety of fun outdoor activities. Do some whitewater rafting on Class III and IV rapids, zoom down a mountain trail by bike, and fly through the sky on a zipline ride. You'll also travel past amazing Inca ruins and admire incredible scenery, ranging from alpine peaks to lush jungle.

### **3-day Inca jungle adventure to Machu Picchu**

Embark on a thrilling, action-filled 'trek' to the famed Inca citadel, mountain biking, whitewater rafting and zipping along the way.

Hike among coffee plantations, fruit trees, and high mountain forest while savoring stunning Andean views.

Enjoy an alternative to the traditional multi-day Machu Picchu trek.





# *Full* Itinerary



# Day 01

Cusco – Abra Malaga – Santa Maria –  
Santa Teresa (Biking, Rafting)

Pick up time is 6:00 a.m. We will leave the Imperial City of Cusco and head towards the Sacred Valley of the Incas. It is here that we will have our buffet style breakfast.

We will continue on to Abra Málaga (4 350 masl) (14 160 ft), the starting point of our biking tour. After a short explanation to help orientate you, your guide will provide you with the necessary equipment for the activity.

We will then begin our 3-hour, bicycle descent (9 55km, 5.93 miles) until we reach the town of Huamanmarca. During the trip we will experience the beauty of the snow-capped mountains and the tropical forest.

It is here in the tropical forest that our Peruvian Amazon adventure begins. We will cross small streams and we will enjoy the change from cold to tropical climate.

During the journey there will be several stops to review bicycles and equipment. We will arrive at the town of Santa María (1 200 masl) (3,937.01 ft), where we will have our lunch and stay for our first night in a hotel.

In the afternoon we have the option of rafting on the Vilcanota River (US \$ 35 ). This river offers category III + rapids.



For this activity we will give you helmets, windbreaks and category V life jackets. This activity is available between the months of April to December; and you must be able to swim to participate in accordance with Peruvian law.



## Day Facts



» DIFICULTAD:  
**Moderate**

» SHUTTLE TO ABRA  
MALAGA  
**3.5 hours by bus from  
Cusco.**

» BIKING DISTANCE  
**65kms. / 40miles.**

» BIKING TIME  
**3.5 to 4 hours  
approximately.**

» MEALS  
**Lunch, Dinner.**

» MAXIMUM ALTITUDE  
**4350 masl. / 14271 ft.**

» CLIMATE  
**Cold at the beginning  
of the biking and very  
hot in the night.**

» ACCOMMODATION  
LODGE:  
**Eco Terra Lodge.**

1. Rafting on the Vilcanota River  
2. Bike adventure



1



2

## Day 02

Santa Teresa – Hidroelectrica – Aguas Calientes (Trekking, Zipline)

On day two we will have the opportunity to do the zip line activity with one of the highly trusted operators in the area. This activity is optional and lasts approximately two hours.

We will then have breakfast. After breakfast, we will board our transport to the hydroelectric plant, where the government control is located, and the entrance to Machu Picchu National Park (Machu Picchu Historical Sanctuary).

At this point we will start our trekking to the town of Aguas Calientes, passing through the area called

Intihuatana, a small archaeological site where the guide will share an explanation to better understand the site.

Then we will continue to Inka Rakay, where we will enjoy our lunch. During the journey, we will enjoy and contemplate the majesty of the Machu Picchu mountains, Huayna Picchu as well as other archeological sites in the heights of the mountain.

We will finish the hike in the town of Aguas Calientes, where we will spend the third night of the tour.



3

## Day Facts



» DIFICULTAD:  
**Moderate**

» HIKING DISTANCE  
**19 Kms. / 12.3 miles.**

» HIKING TIME  
**6 hours approximately.**

» CLIMATE  
**Hot in the day and  
warm in the night.**

» MEAL  
**Breakfast, Lunch,  
Dinner**

» MAXIMUM ALTITUDE  
**2050 masl / 6725 ft.**

» ACCOMMODATION  
HOSTEL:  
**Aguas Calientes**

1. Hiking in the Andean mountains  
2. Zipline  
3. Trek to Aguas Calientes

# Day 03

Aguas Calientes – Machu Picchu –  
Ollantaytambo – Cusco

This is the most important day of the tour; today you will visit one of the seven wonders of the world. The tour will start very early, to appreciate the sunrise in the Inca citadel of Machu Picchu.

Our day will start with the option of hiking or taking the bus (US \$ 12). Once inside the archaeological site, you will have a two-hour guided tour inside the Inca city of Machu Picchu, you will see its most important temples, such as the Temple of the Sun, the Temple of the Three Windows, etc.

You will then be free to explore Machu Picchu on your own. If you booked in advance, to hike Mt. Huayna Picchu (2,800 meters)(9,186.35 ft.) or Machu Picchu mountain (3 082 meters) (10,111.55 ft.) you will have that opportunity after your guided tour.

You must make the reservations to hike either mountain three months in advance for an additional cost of US \$ 20. Space is limited to only 400 people a day to climb Mt. Huayna Picchu.

We also recommend allowing time to relax, meditate and rest while taking advantage of the magical and spiritual energies of this great wonder.

You will have enough time to explore Machu Picchu on your own, because then the guards will



ask you to leave. In the afternoon, according to the departure of the train ticket, you will descend walking on your own to the town of Aguas Calientes to get the train back to Ollantaytambo where the group will be picked up and transferred to Cusco city.



## Day Facts



» DIFICULTAD:  
**Moderate**

» HIKING DISTANCE  
**8 Kms. / 4.9 miles.**

» HIKING TIME  
**2 hours approximately.**

» MEALS  
**Breakfast**

» SHUTTLE TO MACHU  
PICCHU  
**25 minutes from Aguas  
Calientes.**

» MACHU PICCHU GUIDED  
TOUR  
**2.5 hours.**

» CLIMATE  
**Tropical warm.**

» SHUTTLE TO CUSCO  
**3 hours by train  
and bus from Aguas  
Calientes to Cusco.**

» MAXIMUM ALTITUDE  
**2429 masl / 7972 ft.**

1. Panoramic view of Machu Picchu at  
dawn  
2. Lama in the Machu Picchu citadel



# *Inclusions* & Packing List

# What Is *Included*?

## » Inclusions


- Pre-departure briefing
- Cuzco hotel pickup
- Two-nights basic guesthouse accommodation (Santa Maria and Santa Teresa)
- One-night 3-star hotel accommodation in Aguas Calientes
- Professional bilingual guide
- Tourist bus Cusco - starting point of trek
- Machu Picchu entrance fee
- Tourist train Aguas Calientes - Ollantaytambo
- Tourist bus Ollantaytambo - Cusco
- Meals: 2 breakfasts, 2 lunches, 2 dinners (menus in local restaurants)
- Mountain biking equipment (bicycles, helmet and gloves)
- First aid kit and emergency oxygen bottle
- Small-group tour
- Rafting and Canopy (Zipline)
- Hot Spring Tickets
- Huayna Picchu or Mountain Machu Picchu (according to availability)

# What Is *Not Included*?

- » Day 1 breakfast and day 3 lunch
- » Huayna Picchu or Mountain Machu Picchu (according to availability)
- » Final lunch/dinner in Aguas Calientes (buy some snacks on day 4 in Aguas Calientes for the trip back to Cusco)
- » Bus from Aguas Calientes to Machu Picchu (optional, US\$16 each way)



Are  
you  
Ready?



# What Should you Bring?

## » Essential Items:

- » Original passport
- » ISIC card (for students)
- » Insurance card or certificate
- » Water bottle or CamelBak
- » Sunblock (SPF 70 or higher)
- » Insect repellent

## » Clothing:

- » Hiking boots
- » Waterproof jacket or rain poncho
- » Warm jacket
- » Hat and gloves
- » 2 to 4 t-shirts
- » 2 pairs of pants (1 for hiking, 1 for camp)
- » Long sleeve t-shirts
- » Long underwear (for sleeping)
- » Comfortable trousers

## » Equipment:

- » Toiletries and toilet paper
- » Personal medication
- » Camera
- » Insect repellent
- » Flashlight or headlamp

## » Recommended:

- » Sunscreen
- » Hand sanitizer
- » Water
- » Extra money for tips, snacks, or drinks

(\*) It is advisable to wear waterproof pants during the rainy season (September to March).

# INCA Jungle



Triunfo Street 392, Office 212 (2nd Floor)  
Arte Inka Center - Cusco's Main Square



Monday to Saturday  
(9:00 am to 7:00 pm)