



Content





Day 01

Cusco – Abra Malaga – Santa Maria – Santa Teresa

We will begin our Inca Jungle Trail at 6:00 am with a pick up from your hotel. On our way out, we'll pass by the towns of Chinchero, Urubamba, and Ollantaytambo, all belonging to the Sacred Valley. The adventure begins at Abra Málaga a 4,3 l 6m / 14,160 ft high pass, with its impressive view of the snowcapped Huacay Willca (Mt. Veronica). Here we will receive our biking equipment, bicycles and safety instructions.

We will then begin our bike descent, crossing different ecological zones such as Puna and Cloud Forest, both having a huge range of flora and fauna. After 3 hours of biking downhill, we will finish our bike journey at the archaeological remains of Huaman Marq'a. Here we will take the van again and drive 25 minutes to the town of Santa Maria (approximately 1,200m / 3,937ft). From this town we will continue by bus 40 more minutes until Santa Teresa village where we will spend our first night, leaving our baggage in the hostal we have an option to go to the hot springs.







Day Facts

- » DIFICULTAD:

 Moderate
- » SHUTTLE TO ABRAMALAGA3.5 hours by bus from Cusco.
- » BIKING DISTANCE 65km. / 40mile.
- » BIKING TIME3.5 to 4 hoursapproximately.
- » MEALS Lunch, Dinner.
- » MAXIMUM ALTITUDE 4350 masl. / 14271 ft.
- » CLIMATE

 Cold at the beginning
 of the biking and very
 hot in the night.
- » ACCOMMODATION LODGE:

Lodge: Eco Terra Lodge.

- 1. Start of the bike ride 2. Biking adventure
- 3. Biking





Day 02

Santa Teresa – Hidroelectrica – Aguas Calientes

This morning after breakfast we will continue our trip to the Hydroelectric (power plant), This part of the trek is called the waterfall day where we'll pass many cascades and especially one falling from 45 m above being the smallest.

Once we reach the Power Plant and have some rest and get lunch, we will continue our trip two more hours as we reach to our final destination today to Machu Picchu pueblo known as "Aguas Calientes" town (At the foot to citadel of Machu Picchu) arriving here at 5:30 pm approximately.



Day Facts

» DIFICULTAD:

Moderate

- » HIKING DISTANCE 19 Km. / 12.3 mile
- » HIKING TIME6 hours approximately.
- » CLIMATE

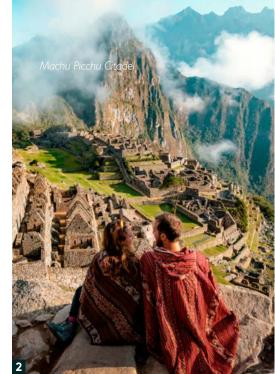
 Hot in the day and warm in the night.
- » MEAL
 Breakfast, Lunch and
 Dinner
- » MAXIMUM ALTITUDE 2050 masl / 6725 ft.
- » ACCOMMODATION

 Hostel: Aguas Calientes

Jungle adventure
 Trek to Aguas Calientes

3. Andean rainforest







Aguas Calientes – Machu Picchu – Ollantaytambo – Cusco

After breakfast we will board the bus which will take us to the biggest energetic center of the Incas, "Machu Picchu". As part of our itinerary the same professional tour guide from the trek; will teach you about all the history of this mysterious and mystical place. We will visit the Sun Temple, Royal Palace, Main Temple, Three Windows Temple and Sun Dial. It will be an unforgettable experience. After the guided tour, you will have free time to explore on your own.

If you have booked Wayna Picchu, you will need

to coordinate with your guide for Machu Picchu visiting depending on your scheduled time to the mountain. For people not hiking any of the mountains there are some other optional activities on your own (not included in the price):



Day Facts

» DIFICULTAD:

Moderate

- » HIKING DISTANCE 8 Km. / 4.9 mile
- » HIKING TIME2 hours approximately.
- » MEALS **Breakfast**
- » SHUTTLE TO MACHU PICCHU
- 25 minutes from Aguas Calientes.
- » MACHU PICCHU GUIDED TOUR 2½ hours.
- » CLIMATE

 Tropical warm.
- » SHUTTLE TO CUSCO3 hours by trainand bus from AguasCalientes to Cusco.
- » MAXIMUM ALTITUDE 2429 masl / 7972 ft.

- 1. Panoramic view of Machu Piccbu
- 2. Machu Picchu
- 3. Llama in the city of Machu Picchu



What Is Included?

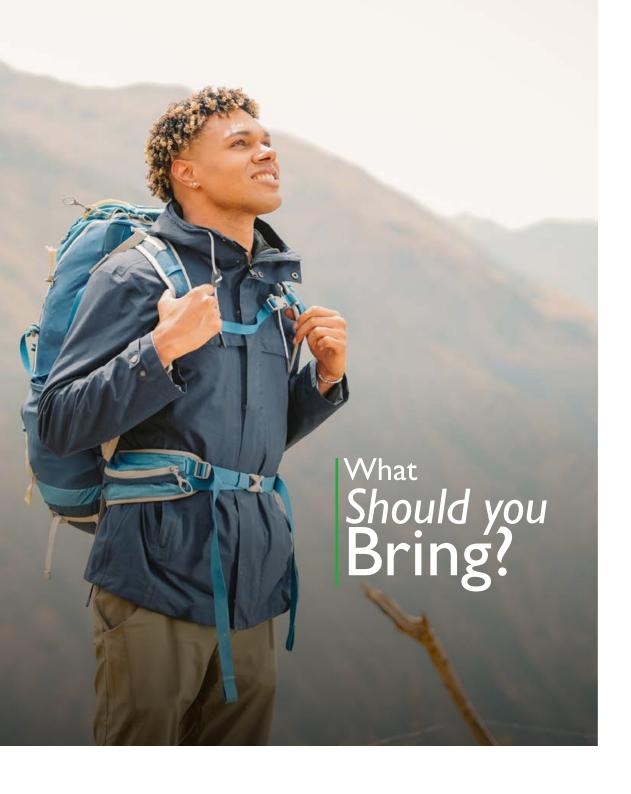
» High Quality Service & Safety

- Pre-departure briefing.
- Cuzco hotel pickup.
- 3 Night hostel accommodation in (Santa Maria, Santa Teresa and Aguas Calientes)
- Professional bilingual guide
- Tourist bus Cusco starting point of trek
- Tourist train Aguas Calientes Ollantaytambo
- Tourist bus Ollantaytambo Cusco
- Meals: 2 breakfasts, 2 lunches, 2 dinners and 3 snacks with typical menus in local restaurants
- Mountain biking equipment (bicycles, helmet and gloves)
- First aid kit and emergency oxygen bottle
- Small-group tour

What Is Not Included?

- » Day I breakfast and day 3 lunch
- » Huayna Picchu or Mountain Machupicchu (Note: according to availability)
- » Final lunch/dinner in Aguas Calientes (buy some snacks on day 4 in AC for the trip back to Cusco!)
- » Bus from Aguas Calientes to Machu Picchu (optional US\$16 each way)





» Essential:

- » Valid Passport
- » Extra money (recommended soles)
- » Personal medication
- » Water bottle or CamelBak
- » Sunblock (SPF 70+)
- » Insect repellent

» Clothing:

- » Hiking boots or waterproof shoes
- » Light footwear or sandals
- » Trekking pants
- » Trekking socks
- » Thermal pants
- » Shorts
- » Long sleeve t-shirts
- » Waterproof jacket
- » Raincoat or poncho

» Equipment:

- » Sleeping bag (-15°C recommended)
- » Trekking poles
- » Medium trekking backpack (15 25 L)

» Recommended:

- » Camera + charger
- » Power bank
- » Snacks (energy bars, chocolate, dried fruit, etc.)
- » Towel

